## LSSE Fall Ultimate



## 545304

## Middle School Ultimate Clinic

## Jim Pistrang/Aaron Julien

For boys and girls in 6th, 7th \& 8th grade. The clinic consists of workshops and drills followed by scrimmages every session. The workshops and drills focus on basic skills and strategies, and are designed to ensure maximum involvement for all players. Novice and experienced players are welcome. Ultimate is an active sport - players should expect to run. Any questions, email Jim Pistrang at jim@jcpr.com. Students will be able to ride the school bus to Fort River.

Mondays \& Thursdays., Sept. 14-Oct. 29
3:00-5:00 p.m.
Fort River Fields
\$69

## 545305

## High School Ultimate Rec League

## Joe Costello



For boys and girls in grades 9-12. This program
will provide a fun and competitive venue for high school age students to play Ultimate. League will consist of two games per week with a skills and drills session on Mondays. Games will run Wednesdays and Thursdays from 3:30-5:30pm with make-ups on Tuesdays. Players are expected to make a commitment to all practices and games and meet their responsibilities to their teammates. Teams will be supervised by instructors and captained by interested and qualified players. All schedules will be posted at www.quickscores.com/amherstma.
Sept. 14-Oct. 29 3:30-5:30 p.m.
Fort River Fields \$69

To register or for more information, call LSSE offices at 259-3065 or log onto www.LSSE.org.
(This is not a school sponsored event)

